

# Kingston Triathlon 1996

## SHORT COURSE: MALES

Name	Div	Split & Final Times				Positions	
		Swim	Cycle	Run	Total	O/all	Div
Matt WHITE	19 & Under	0:06:22	0:21:30	0:17:43	0:45:35	1	
Chris McFARLANE	19 & Under	0:06:10	0:21:32	0:18:02	0:45:44	2	
Steven RADIC	Under 17	0:06:46	0:23:20	0:17:35	0:47:41	3	
Matthew WALKER	20 - 29	0:07:17	0:23:57	0:17:31	0:48:45	4	1
Matt LINDBLOM	19 & Under	0:06:57	0:23:01	0:19:22	0:49:20	5	1
Lawrence PERESSIN	30 - 39	0:07:50	0:23:37	0:19:07	0:50:34	6	1
Phillip CHEHADE	20 - 29	0:08:35	0:23:30	0:18:39	0:50:44	7	2
Kym PRESGRAVE	40 - 49	0:07:21	0:23:57	0:21:16	0:52:34	8	1
Dale STEWART	Under 15	0:06:43	0:24:42	0:21:21	0:52:46	9	1
Steve BAKER	Under 17	0:07:40	0:23:22	0:22:00	0:53:02	10	1
Sam MOORHOUSE	Under 15	0:08:06	0:24:00	0:22:20	0:54:26	11	2
Nigel PIET	20 - 29	0:09:19	?	1:25:07	0:55:07	12	3
Tim MITCHELL	Under 17	0:08:13	0:27:33	0:19:27	0:55:13	13	2
Geoff CASHMAN	40 - 49	0:07:32	0:26:10	0:22:06	0:55:48	14	2
Darren MILLIGAN	19 & Under	0:08:19	0:27:50	0:19:55	0:56:04	15	2
Charles TOMAS	30 - 39	0:08:09	0:26:13	0:21:47	0:56:09	16	2
Phillip KILLICOAT	Under 15	0:08:08	0:26:55	0:21:08	0:56:11	17	3
Matthew CUTLER	19 & Under	0:07:52	0:26:59	0:22:04	0:56:55	18	3
Andrew NGO	19 & Under	0:08:02	0:26:18	0:23:29	0:57:49	19	4
Jarad WILKINSON	Under 15	0:08:03	0:26:05	0:23:52	0:58:00	20	4
Paul COPPING	20 - 29	0:08:18	0:26:13	0:23:32	0:58:03	21	4
Michael KILLICOAT	Under 15	0:09:12	0:27:10	0:22:02	0:58:24	22	5
Neil STYLES	20 - 29	0:08:49	0:25:46	0:24:08	0:58:43	23	5
Sandy CRAWFORD	40 - 49	0:09:02	0:27:06	0:22:49	0:58:57	24	3
John ALSTON	30 - 39	0:08:50	0:28:35	0:21:42	0:59:07	25	3
Neil McLARTY	40 - 49	0:09:18	0:28:18	0:21:49	0:59:25	26	4
Barry GALE	30 - 39	0:10:14	0:26:51	0:22:42	0:59:47	27	4
Neil MARTIN	40 - 49	0:11:28	0:26:25	0:22:17	1:00:10	28	5
Dave HUNTER	20 - 29	0:09:58	0:27:58	0:22:50	1:00:46	29	6
Matthew COOPER	19 & Under	0:09:54	0:27:19	0:23:47	1:01:00	30	5
David RASHEED	19 & Under	0:09:46	0:27:26	0:24:10	1:01:22	31	6
Peter THOMAS	20 - 29	0:08:11	0:30:06	0:24:28	1:02:45	32	7
Michael FORREST	Under 15	0:12:23	0:28:25	0:22:40	1:03:28	33	6
Michael HILLSTONE	20 - 29	0:08:22	0:31:47	0:23:26	1:03:35	34	8
Peter STOCK	20 - 29	0:08:41	0:30:40	0:24:39	1:04:00	35	9
Mark O'DONNELL	20 - 29	0:09:25	0:29:18	0:25:19	1:04:02	36	10
Simon DAWSON	20 - 29	0:09:53	0:32:49	0:21:37	1:04:19	37	11
Chris WALMSLEY	Under 15	0:10:44	0:28:45	0:24:50	1:04:19	38	7
Andrew COOPER	19 & Under	0:10:50	0:33:26	0:20:06	1:04:22	39	7
Ray CADD	40 - 49	0:11:30	0:31:28	0:21:52	1:04:50	40	6
Mark McSHANE	30 - 39	0:09:52	0:31:43	0:23:54	1:05:29	41	5
Scott CRAWFORD	Under 15	0:09:09	0:31:03	0:25:52	1:06:04	42	8
Anthony CUNNINGTON	40 - 49	0:11:32	0:30:21	0:24:25	1:06:18	43	7
Sam PHELPS	19 & Under	0:11:27	0:28:52	0:26:08	1:06:27	44	8
John ANDREWS	40 - 49	0:10:40	0:31:32	0:25:01	1:07:13	45	8
David MUIR	50 - 59	0:10:07	0:30:06	0:28:36	1:08:49	46	1
Remko WINTER	Under 15	0:09:24	0:34:56	0:25:05	1:09:25	47	9
Michael WALMSLEY	30 - 39	0:11:14	0:34:04	0:25:49	1:11:07	48	6
Barry COX	40 - 49	0:08:40	0:31:49	0:31:52	1:12:21	49	9
Liam WALTER	Under 15	0:10:00	0:35:05	0:29:22	1:14:27	50	10
Mick DOWD	50 - 59	0:14:43	0:34:42	0:26:18	1:15:43	51	2
Brian HALES	40 - 49	0:13:09	0:33:57	0:28:39	1:15:45	52	10
Mick STRAWBRIDGE	40 - 49	0:11:00	0:37:48	0:26:58	1:15:46	53	11

**SHORT COURSE: MALES (cont)**

Name	Div	Split & Final Times				Positions	
		Swim	Cycle	Run	Total	O/all	Div
Christopher BILL	30 - 39	0:13:43	0:19:42	0:42:54	1:16:19	54	7
Ian W. JOHNS	50 - 59	0:15:07	0:34:12	0:31:44	1:21:03	55	3
Jonathon MORTON	Under 15					DNF	

**SHORT COURSE: FEMALES**

Name	Div	Split & Final Times				Positions	
		Swim	Cycle	Run	Total	O/all	Div
Debbie GURSANSKY	Under 17	0:06:59	0:24:32	0:20:22	0:51:53	1	
C. STEWART-CROMPTON	Under 17	0:07:20	0:24:39	0:20:38	0:52:37	2	
Deborah AINSLIE	Under 17	0:07:51	0:24:47	0:22:05	0:54:43	3	
Jane CASHEN	Under 17	0:08:05	0:25:10	0:22:14	0:55:29	4	1
Kellie STEVENS	19 & Under	0:07:23	0:28:26	0:22:40	0:58:29	5	1
Anita RIGONI	30 - 39	0:07:59	0:27:13	0:23:58	0:59:10	6	1
Lucy WOOLFORD	Under 17	0:08:48	0:26:52	0:23:30	0:59:10	7	2
Gemma KERNICH	20 - 29	0:09:33	0:25:55	0:24:28	0:59:56	8	1
Linda DAISH	20 - 29	0:08:27	0:29:16	0:23:34	1:01:17	9	2
Jennifer HEATH	20 - 29	0:08:43	0:29:19	0:23:30	1:01:32	10	3
Jude MILLS	20 - 29	0:08:36	0:29:01	0:24:01	1:01:38	11	4
Jo ROOKE	40 - 49	0:09:32	0:27:37	0:24:50	1:01:59	12	1
Brooke CRAWFORD	Under 17	0:08:24	0:28:51	0:25:51	1:03:06	13	3
Natalie TOMA	19 & Under	0:07:56	0:55:23	0:00:03	1:03:22	14	2
Melissa CAMERON	30 - 39	0:09:35	0:29:57	0:24:07	1:03:39	15	2
Phyllis HO	Under 17	0:07:42	0:31:38	0:29:22	1:08:42	16	4
Casey SHARPE	Under 17	0:09:38	0:35:09	0:27:19	1:12:06	17	5
Jane MUIR	20 - 29	0:12:54	0:31:50	0:29:58	1:14:42	18	5
Liz COX	30 - 39	0:11:02	0:33:01	0:30:44	1:14:47	19	3
Sue WALTER	40 - 49	0:10:43	0:38:26	0:27:30	1:16:39	20	2
Nerilie MARTIN	40 - 49	0:13:05	0:33:45	0:31:48	1:18:38	21	3
Angela POTTER	20 - 29	0:08:10				DNF	